

Every move counts



Move Together

CHALLENGE

3 AUGUST –
13 SEPTEMBER 2026

LOG YOUR
STEPS NOW >>



10000steps.org.au

- 1 Sign up or login to 10,000 Steps
- 2 Add steps your way, sync a tracker or enter manually
- 3 Connect with others to stay motivated

Queensland members are automatically included in the Challenge. Simply log your steps and you're taking part.